Eight
mediterranean



Wrap Me Up

Eight Special Wrap £12.95
Strips of rump steak cooked on a griddle with onions, served in a lavash bread wrap layered with hummus & gherkins.

Kofte Mediterranean Wrap £11.00
Minced meat skewers served in a lavash bread wrap with lettuce and tomato relish.

Chicken Wrap £10.25
Strips of chicken cooked on a griddle with onions, served in a flour wrap with lettuce & a special tahini sauce.

Lamb Wrap £15.75
Pieces of lamb & onions cooked on a griddle served in a lavash bread wrap with lettuce & a delicious yoghurt sauce.

Burger Wrap £9.50
Chargrilled strips of hamburger served in flour wrap with lettuce, onions, cheese and burger relish.

Feta Cheese Salad Wrap (V) £12.95
Feta cheese served in a flour wrap with lettuce, parsley, sliced black olives & tomato, drizzled with an olive oil dressing.

Chicken Caesar Wrap £11.25
Pieces of chicken served in a flour wrap with lettuce, parmesan cheese, croutons and Caesar dressing.

Halloumi Cheese Wrap (V) £12.95
Pieces of halloumi cheese, aubergines, red onions, squash, red/green peppers cooked on a griddle and served in a flour wrap with lettuce & mayo.

Falafel Wrap (V) £9.50
Falafel served in flour wrap with lettuce, parsley, tomatoes, pickles and a tahini sauce.

Side Orders

Tomato & Cucumber Side Salad (V)	£4.95
Mixed Side Salad (V)	£4.95
Green Side Salad (V)	£3.95
Mixed Olives Served with pitta bread	£6.95
Sauté Potatoes	£4.50
Hash Brown Potatoes	£3.95
Skin On French Fries	£3.95
Potato Wedges	£4.25
Sweet Potato Fries	£4.95
Halloumi Fries	£6.25
Onion Rings	£4.25



Kids Meals (under 12 yrs)

Sausage, Egg & Chips	£6.50
Sausage, Egg & Beans	£6.50
Kids Chicken Nugget Meal 4 Chicken nuggets, French fries and baked beans.	£6.50
Kids Chicken Brochette Meal 4 Pieces of Chicken brochette, French fries and cucumber.	£8.25
Kids Hamburger Meal Hamburger and French fries.	£6.95
Kids Fish Finger Meal 3 Fish fingers, French fries and baked beans.	£7.25





Sweets & Pastries

Ice Cream £6.95
3 scoops of ice cream with your choice of syrup.

Ice Cream Sundae £8.95
Vanilla ice cream, topped with whipped cream and nuts and drizzled with strawberry syrup.

Ice Cream Parfait £9.25
Vanila ice cream with layers of fresh fruit, topped with whipped cream and drizzled with raspberry syrup.

Eight Brownie Sundae £9.50
Vanila ice cream with layers of brownie pieces, topped with whipped cream and drizzled with chocolate syrup.

Fresh Fruit Salad £8.95
Served with whipped cream.

Cakes, Gateaux or Cheesecake (Per Slice) £5.75
Check out our display cabinet

Muffins, Cookies, Danish Pastries, Brownies, Flapjack, Granola Bar, Croissant, Cup Cakes £2.95

Turkish Pastries (Baklava, Sutlu Borek) £8.95





DAYTIME MENU

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Breakfast Menu (available up to 11am)



English Breakfast £11.95
Egg, bacon, sausage, grilled tomato, beans & one toast.

The Big Breakfast £14.00
Sausage, two eggs, bacon, French fries, baked beans & one toast.

Sunrise Breakfast (V) £7.25
Two eggs (scrambled or fried), with grilled tomato on two toast.

Early Bird Breakfast (V) £7.25
Baked beans on two toast.

Eight Special Breakfast £16.50
Steak, egg, hash browns, grilled tomato, mushrooms and one sourdough toast.

Vegetarian Breakfast (V) £10.50
Vegetarian sausage, egg, hash browns, baked beans & one toast.

Big Vegetarian Breakfast (V) £13.50
Two vegetarian sausages, 2 eggs, hash browns, mushrooms, baked beans, tomatoes & one toast.

The Mediterranean Breakfast (V) £14.50
Grilled halloumi cheese, scrambled egg, grilled tomatoes, mushroom and one sourdough toast.

The Continental Breakfast (V) £12.95
Fresh fruit salad, croissant & jam.

Breakfast Baguette £9.00
Sausage, egg & bacon in a ciabatta baguette with brown sauce.

Turkish Simit (Bagel) (V) £5.95
Toasted Turkish Simit filled with feta cheese, cucumber & tomato and a drizzle of olive oil.

Toasted Turkish Simit £6.95
Filled with sucuk (a spicy Turkish sausage) & fried egg.

Turkish Eggs (V) £11.75
2 poached eggs served over a bed of thick garlicky yogurt with a drizzle of olive oil and red pepper flakes and one sourdough toast.

Avocado Toast Mediterranean (V) £12.25
Smashed avocado with lemon on sourdough toast, topped with feta cheese, olives and a drizzle of olive oil.

Kid's Breakfasts (under 12 yrs)

Kids Sunrise Breakfast (V) £4.65
One egg on one toast.

Kids Early Bird Breakfast (V) £4.65
Beans on one toast.

Kids English Breakfast £6.75
Sausage, egg, beans and one toast

Extra Add Ons:

Grilled Tomatoes £0.95 / Grilled Mushrooms £1.50 / Baked Beans £1.25
1 Egg (poached or fried) £1.75 / 1 Sausage £2.50 / 1 Bacon £2.50
Sourdough Toast (1 Slice) £1.25 / Jam or Marmalade £2.25 / Halloumi £2.50
Smashed Avocado £3.60 / Scrambled Eggs £2.75 / Hash Browns £2.25

Lunch Specials

Jackets: Tuna Mayo	£8.95
Chilli Con Carne	£9.50
Cheese & Beans (V)	£8.75
Scampi, Chips & Salad	£13.25
Cod, Chips & Peas	£15.95



Burgers

Classic Hamburger £5.75
With onions and burger relish.

Quarter Pounder £8.50
In a sesame seed bun with onions, lettuce, tomato and burger relish.

Quarter Pounder with Cheese £9.50
In a sesame seed bun with onions, lettuce, tomato, cheese and burger relish.

Mexican Chilli Cheeseburger £12.50
Chilli con carne in a gourmet sourdough bun with cheese.

Chargrilled Fish Burger £12.50
Chargrilled fish fillet in a gourmet sourdough bun, with lettuce & tartare sauce.

Eight Special Burger £12.75
Homemade lamb burger in a gourmet sourdough bun, with lettuce, onions, parsley & yoghurt sauce.

Halloumi Cheeseburger £8.75
Halloumi cheeseburger in a gourmet sourdough bun with mustard mayo, topped with tomato, rocket leaves and red onions.

Spicy Beanburger £8.50
In a sesame seed bun, with lettuce & garlic mayo topped with cheese, tomato and red onions

**Extra Cheese Slice £1.00



Soup & Salads

Soup of the Day	£5.95
Tuna Mayo Salad	£10.25
Feta Cheese Salad (V)	£10.75
Chicken Caesar Salad	£14.95

Eight Salad (V) £12.95
Grilled halloumi with grapes, green salad leaves and drizzled with olive oil dressing.

Avocado Salad (V) £13.95
Mozzarella cheese & avocado on a bed of rocket with cherry tomatoes and a pesto dressing.

Salad Caprese (V) £11.25
Slices of tomato, mozzarella and black olives drizzled with olive oil and garnished with basil.

(V) Suitable for Vegetarians. All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available on request. Images are for illustrative purposes only.

Chargrill Sandwiches

(Marinaded and Seasoned to Perfection)

Kofte Brochette £10.75
Perfectly seasoned minced meat, chargrilled on skewers, served in a ciabatta rustica baguette with onions & flat leaf parsley.

Chicken Brochette £10.95
Pieces of chicken chargrilled on skewers, served in a ciabatta rustica baguette with lettuce, cucumber & sweetcorn relish.

Chargrilled Chicken £11.95
Chargrilled fillet of chicken served in a ciabatta rustica bun with lettuce, cucumber & basil pesto.

Chargrilled Steak £12.95
Chargrilled steak served in a ciabatta rustica bun with lettuce, tomato & mustard.

Steak Brochette £12.95
Pieces of steak & onions chargrilled on skewers, served in a ciabatta rustica baguette with lettuce & tomato & jalapeno relish.

Herby Fish Brochette £12.95
Pieces of white fish fillet & green peppers chargrilled on skewers, served in a ciabatta rustica baguette with lettuce & tartare sauce.



Charred Fish £12.95
Chargrilled fish fillet served in a ciabatta rustica bun with rocket leaves & tartare sauce.

Chargrilled Halloumi Cheese (V) £13.50
Chargrilled halloumi cheese & tomato slices served in a ciabatta rustica baguette with olive oil spread.

For a Healthier Option all Chargrills can be served with a mixed salad and NO BREAD – ask your server.

Paninis



Chicken Picante £6.75
Marinated grilled chicken with sundried tomatoes & mozzarella cheese.

Tuna Melt £7.25
Tuna mayo with onions & Cheddar cheese.

Fresco (V) £8.25
Feta cheese, parsley & olive oil spread.

Mediterranean (V) £8.75
Halloumi cheese, tomato, parsley & olive oil spread.

Mozzarella (V) £6.50
Mozzarella cheese, sundried tomatoes & basil pesto.

Cheese Melt (V) £5.25
Cheddar cheese.

Vegetable Melt (V) £6.75
Chargrilled vegetables, Cheddar cheese.